

The background features a series of overlapping hexagonal shapes in shades of dark red, light pink, and white. On the right side, there are three hexagonal inset images: the top one shows a woman's face being massaged with a pink flower nearby; the middle one shows hair styling tools including a round brush, scissors, and a hair dryer; the bottom one shows a close-up of hands with dark red nail polish.

# Cosmetology

PRACTICAL

2022

## KIT CONTAINER

## SEGMENT BAGS



You will need resealable bags to put your supplies in, for each segment.  
You will need to label each bag with the segment and service name in English.  
Size: Gallon size works best

You will need a clear plastic container to put all of your supplies in.

**MUST HAVE CLEAR PLASTIC CONTAINER**  
Size: 16" x 16" x 16" or 24" x 16" x 13 7/8"  
with a 1-12 ounce bottle of Hand Sanitizer placed on the lid of the container.



# HAIR SERVICE BASIC SET UP

You have 15 minutes to prepare your workstation and set up the basic supplies used throughout your exam. During this time, you will also drape your mannequin and set up your implements for the layered haircut.

## 3 Grocery Paper Bags Lined

with a plastic bag

LABELED:

-TRASH

-SOILED LINENS

-TO BE DISINFECTED

(NOT Sandwich Bag Size)



A Paper Towel  
for wiping  
down station.



Mannequin  
Head  
&  
Mannequin  
Stand



Cape



1  
8-12 Ounce  
Spray Bottle of  
Pre Mixed  
Barbicide



# SEGMENT I

## Layered Haircut

Examine the scalp for any concerns. Perform a layered haircut using both scissors and razor. You must remove at least one inch of hair from the entire head. The mannequin will be left wet, as a blow dry or style is not included in this section. Complete this segment in 30 minutes.

Clips  
for sectioning  
hair



Or



Brush and  
Combs



1  
8-12 Ounce  
Bottle of  
Water



Scissors



Razor with  
guard



1 Neck Strip



# SEGMENT II

## Permanent Wave

Re-drape your mannequin for a chemical service. Examine the scalp for any concerns. Perform a permanent wave on the center back section of your mannequin. You must wrap the entire section and prepare the mannequin for mock product. Step back and wait for instructions. Complete this segment in 20 minutes.

Chemical  
Cape



2  
Towels



Clips for  
sectioning  
hair



Or



10-15  
Perm Rods



Combs



Cotton Coil  
(enough for  
service)



Protective  
Product



Mock  
Waving  
Lotion



Gloves



End  
Papers



# SEGMENT III

## Color Retouch

Re-drape your mannequin for a new, chemical service. Examine the scalp for any concerns. Prepare the skin and perform a color retouch using mock product in one quadrant of your mannequin. Assume there is 1 inch of regrowth. Complete this segment in 10 minutes.

Chemical  
Cape



Protective  
Product



Combs



Clips for  
sectioning  
hair



Or



Gloves



2 Towels



Applicator  
Brush



Mock Color  
Product



# SEGMENT IV

## Virgin Relaxer

Re-drape your mannequin for a new, chemical service. Examine the scalp for any concerns. Prepare the skin and perform a virgin relaxer using mock product in one quadrant of your mannequin. Complete this segment in 10 minutes.

Chemical  
Cape



Protective  
Product



Combs



Clips for  
sectioning  
hair



Or



Gloves



2 Towels



Applicator  
Brush



Mock  
Relaxer  
Product





# BLOOD EXPOSURE PROCEDURE

You have acquired a minor cut on the back of your hand. You will be expected to demonstrate the infection prevention procedures for blood exposure. Do not take anything out of your first aid kit until you are asked to demonstrate the proper blood exposure procedure.

**First Aid Kit  
must  
contain the  
following:**

Pair of  
Disposable  
Gloves



Plastic  
Ziplock  
Baggie



Gauze,  
Tissue, or  
clean Paper  
Towel



Band-Aid



Antiseptic or  
Alcohol Wipe



# SKIN SERVICE BASIC SET UP

You have 15 minutes to prepare your workstation and set up the basic supplies used throughout your exam. During this time, you will also drape your mannequin and set up your implements for the eyebrow wax segment.

3 Grocery Paper Bags  
Lined with a plastic bag

LABELLED:

- TRASH
- SOILED LINENS
- TO BE DISINFECTED

(NOT Sandwich Bag Size &  
SAME BAGS CAN BE USED)



Mannequin  
Head and  
MannStand



A Paper Towel  
for wiping  
down station.



1  
8-12 Ounce  
Spray Bottle of  
Pre Mixed  
Barbicide



# SEGMENT I

## Eyebrow Wax

Perform a skin analysis. Demonstrate an eyebrow wax using simulated soft wax on one eyebrow of the mannequin. On the other brow, demonstrate an eyebrow wax using simulated hard wax. Complete this segment in 10 minutes.

Headband or Plastic Cap



Mock Facial Cleanser



Mock Wax Remover



Mock After Care product



Towel or Cape for draping



Mock Soft Wax



Gloves



Wax Strips



Applicator Sticks



Mock Hard Wax



Scissors



Brow Brush



# SEGMENT II

## Facial

Perform a facial on your mannequin that includes: a skin analysis, cleanser, manual exfoliation, facial massage using at least 2 manipulations, a mask applied with a brush, warm towel application, toner, and moisturizer. Complete this segment in 25 minutes.

Cleansing Product



Mock Exfoliant Product



Massage Product



Mask Product and Applicator Brush



Toner



Moisturizer



Mock Steam Towel



Esthetic Wipes or Paper towels



Disposable Applicators



# NAIL SERVICE BASIC SET UP

**3 Grocery Paper Bags**  
**Lined with a plastic bag**

**LABELED:**

**-TRASH**

**-SOILED LINENS**

**-TO BE DISINFECTED**

**(NOT Sandwich Bag Size &  
SAME BAGS CAN BE USED)**



**A Paper Towel**  
**for wiping**  
**down station.**



**Prepared**  
**Mannequin**  
**Hand**



**1**  
**8-12 Ounce**  
**Spray Bottle of**  
**Pre Mixed**  
**Barbicide**



# SEGMENT I

## Manicure

Perform an analysis of the nails and surrounding skin. Demonstrate a full manicure on your mannequin hand. This includes cutting and shaping the nails, a hand massage using at least 2 manipulations, cuticle care, and warm towel application. Complete the manicure by polishing the thumb and pinkie finger with dark colored polish. Complete this segment in 20 minutes.

Finger Bowl



Nail File (New)



Acetone



Simulated Warm Towel



Cuticle Pusher



Mock Cuticle Remover



Massage Product



1-Base Coat  
1-Dark Colored Polish  
1-Top Coat



Nail Clipper and Nipper



# SEGMENT II

## Nail Enhancements

Perform an analysis of the nails and surrounding skin. Demonstrate the proper procedure for the following services: 1 sculptured nail using two colors of odorless acrylic product on the ring finger, 1 tip application with a hard gel overlay on the middle finger, and 1 gel polish on the natural nail of the index finger. Your results for all three services should be smooth, beveled nails. Complete this segment in 45 minutes.

Nail Forms



Nail Dehydrator and Primer



3 Dappen Dishes



Odorless Monomer



Pink and White Acrylic Powder



Nail Glue



Nail Tips  
(only 1 is needed)



Nail Files  
(New)



Acrylic Brushes



Hard Gel



Gel Polish  
1-Base  
1-Top Coat  
1-Dark Color



Nail or Tip Clippers

