



Nail Care

PRACTICAL

2020

KIT CONTAINER

You will need a clear plastic container to put all of your supplies in.

MUST HAVE CLEAR PLASTIC CONTAINER

Size: 16" x 16" x 16" or 24" x 16" x 13 7/8"
with a 1-12 ounce bottle of Hand Sanitizer placed on the lid of the container.



SEGMENT BAGS

You will need resealable bags to put your supplies in, for each segment.

You will need to label each bag with the segment and service name in English.

Size: Gallon size works best



***UV Light will
be provided
by the Board***

BASIC SET UP

You have 10 minutes to prepare your workstation and set up the basic supplies used throughout your exam. During this time, you will set up your implements for the basic manicure.....

3 Grocery Paper Bags
Lined with a plastic bag
LABELED:
-TRASH
-SOILED LINENS
-TO BE DISINFECTED
(NOT Sandwich Bag Size)



A Paper Towel
for wiping
down station.



Prepared
Mannequin
Hand



1
8-12 Ounce
Spray Bottle of
Pre Mixed
Barbicide



SEGMENT I

Manicure

Perform an analysis of the nails and surrounding skin. Demonstrate a full manicure on your mannequin hand. This includes cutting and shaping the nails, a hand massage using at least 2 manipulations, cuticle care, and warm towel application. Complete the manicure by polishing the thumb and pinkie finger with dark colored polish. Complete this segment in 20 minutes.

Finger Bowl



Nail File (New)



Acetone



Simulated Warm Towel



Cuticle Pusher



Mock Cuticle Remover



Massage Product



1-Base Coat
1-Dark Colored Polish
1-Top Coat



Nail Clipper and Nipper

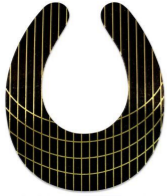


SEGMENT II

Nail Enhancements

Perform an analysis of the nails and surrounding skin. Demonstrate the proper procedure for the following services: 1 sculptured nail using two colors of odorless acrylic product on the ring finger, 1 tip application with a hard gel overlay on the middle finger, and 1 gel polish on the natural nail of the index finger. Your results for all three services should be smooth, beveled nails. Complete this segment in 45 minutes.

Nail Forms



Nail Dehydrator and Primer



3 Dappen Dishes



Odorless Monomer



Pink and White Acrylic Powder



Nail Glue



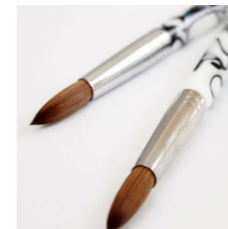
Nail Tips
(only 1 is needed)



Nail Files
(New)



Acrylic Brushes



Hard Gel



Gel Polish
1-Base
1-Top Coat
1-Dark Color



Nail or Tip Clippers





BLOOD EXPOSURE PROCEDURE

You have acquired a minor cut on the back of your hand. You will be expected to demonstrate the infection prevention procedures for blood exposure. Do not take anything out of your first aid kit until you are asked to demonstrate the proper blood exposure procedure.

**First Aid Kit
must
contain the
following:**

Pair of
Disposable
Gloves



Plastic
Ziplock
Baggie



Gauze,
Tissue, or
clean Paper
Towel



Band-Aid



Antiseptic or
Alcohol Wipe

