



Skin Care

PRACTICAL

2020

KIT CONTAINER

&

SEGMENT BAGS



You will need resealable bags to put your supplies in, for each segment.
You will need to label each bag with the segment and service name in English.
Size: Gallon size works best

You will need a clear plastic container to put all of your supplies in.

MUST HAVE CLEAR PLASTIC CONTAINER

Size: 16" x 16" x 16" or 24" x 16" x 13 7/8"
with a 1-12 ounce bottle of Hand Sanitizer placed on the lid of the container.



BASIC SET UP

You have 15 minutes to prepare your workstation and set up the basic supplies used throughout your exam. During this time, you will also drape your mannequin and set up your implements for the eyebrow wax segment.

3 Grocery Paper Bags
Lined with a plastic bag
LABELED:
-TRASH
-SOILED LINENS
-TO BE DISINFECTED
(NOT Sandwich Bag Size)



Mannequin
Head and
MannStand



A Paper Towel
for wiping
down station.



1
8-12 Ounce
Spray Bottle of
Pre Mixed
Barbicide



SEGMENT I

Eyebrow Wax

Perform a skin analysis. Demonstrate an eyebrow wax using simulated soft wax on one eyebrow of the mannequin. On the other brow, demonstrate an eyebrow wax using simulated hard wax. Complete this segment in 10 minutes.

Headband or Plastic Cap



Mock Facial Cleanser



Mock Wax Remover



Mock After Care product



Towel or Cape for draping



Mock Soft Wax



Gloves



Wax Strips



Applicator Sticks



Mock Hard Wax



Scissors



Brow Brush



SEGMENT II

Facial

Perform a facial on your mannequin that includes: a skin analysis, cleanser, manual exfoliation, facial massage using at least 2 manipulations, a mask applied with a brush, warm towel application, toner, and moisturizer. Complete this segment in 25 minutes.

Cleansing Product



Mock Exfoliant Product



Massage Product



Mask Product and Applicator Brush



Toner



Moisturizer



Mock Steam Towel

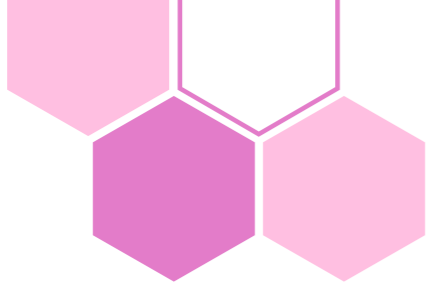


Esthetic Wipes or Paper towels



Disposable Applicators





BLOOD EXPOSURE PROCEDURE

You have acquired a minor cut on the back of your hand. You will be expected to demonstrate the infection prevention procedures for blood exposure. Do not take anything out of your first aid kit until you are asked to demonstrate the proper blood exposure procedure.

**First Aid Kit
must
contain the
following:**

Pair of
Disposable
Gloves



Plastic
Ziplock
Baggie



Gauze,
Tissue, or
clean Paper
Towel



Band-Aid



Antiseptic or
Alcohol Wipe

