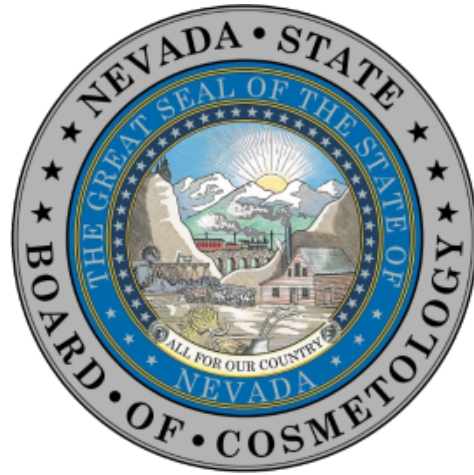




NEVADA STATE BOARD OF COSMETOLOGY

ESTHETICS PRACTICAL EXAM

WEBSITE: NVCOSMO.COM/TESTING-INFORMATION

EMAIL: TESTING@NVCOSMO.COM

PHONE: 702-508-0015

PRACTICAL EXAM RULES

- Students are responsible for bringing all required supplies to complete the exam. Incomplete kits will result in a failed segment.
- Students must sanitize their hands before accessing their kit and before starting all exam segments.
- The kit is considered a clean, dry, closed container for disinfected implements only. Items may not be returned to the kit once removed.
- Each segment is timed and graded separately. Do not begin any service until instructed. Once a segment is completed or time has expired, the examiner will move to the next segment. Step back to indicate completion.
- The kit must remain closed during the duration of the exam.
- You will be given 2 minutes before each segment to set up.
- If an item is dropped, follow proper sanitation procedures. Stop the service immediately and do not use the dropped item. Place the item in its appropriate receptacle. Sanitize your hands, then retrieve a clean, disinfected replacement from your kit before continuing the service while maintaining proper infection control practices. You are permitted to bring “extra” items incase an implement is dropped.
- At the end of each segment you must properly clean and disinfect your station. All used items must be placed in the appropriate receptacles to demonstrate proper disposal of single-use items, soiled implements requiring disinfection, and soiled linens requiring laundering.
- Cheating is strictly prohibited and will result in an automatic failure.
- Talking is strictly prohibited and will result in an automatic failure.

PRACTICAL EXAM SUPPLIES

SUPPLY LIST:

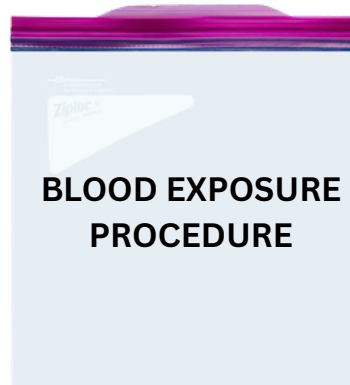
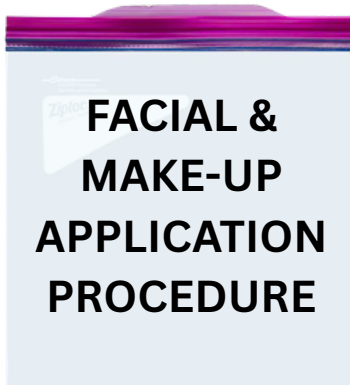
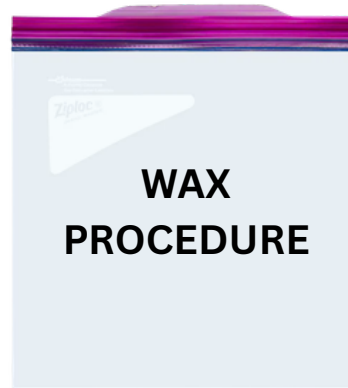
SEE EACH SEGMENT TO DETERMINE QUANTITIES

- ☐ Hand sanitizer
- ☐ A clear plastic container (Approximately 16" x 16" x 16")
- ☐ Gallon-size plastic bags labeled for each segment
- ☐ 1 sandwich-sized plastic bag labeled "biohazard waste"
- ☐ 3 paper bags labeled "Trash", "Soiled Linen", & "Items to be disinfected"
- ☐ EPA-registered disinfectant wipes
- ☐ Antiseptic/ Alcohol wipes
- ☐ Gloves
- ☐ Bandage
- ☐ Gauze
- ☐ Mannequin head
- ☐ Headband
- ☐ Scissors
- ☐ Fan brush
- ☐ Disposable spoolies
- ☐ Disposable lip applicator
- ☐ Makeup sponge
- ☐ Pellon or muslin strips
- ☐ Applicator sticks
- ☐ Esthetic wipes or cotton rounds
- ☐ Towel for draping
- ☐ Mock warm towel inside of a labeled plastic bag
- ☐ Mock astringent
- ☐ Mock wax remover
- ☐ Mock wax aftercare
- ☐ Mock soft wax (petroleum jelly)
- ☐ Mock hard wax (Play-Doh)
- ☐ Mock cleanser
- ☐ Mock exfoliant
- ☐ Mock massage product
- ☐ Mock mask
- ☐ Mock toner
- ☐ Mock tinted moisturizer
- ☐ Mascara
- ☐ Colored lip product

PRACTICAL EXAM SUPPLIES

All supplies used throughout your exam must fit into a clear plastic container (Approximately 16" x 16" x 16").

You will need gallon-sized plastic bags to put your supplies in, for each segment. You will need to label each bag with the segment and service name in English. Every item in your kit must also be labeled in English.



BASIC SET-UP

You have 15 minutes to prepare your workstation and set up the basic supplies used throughout your exam. During this time, you will also drape your mannequin and set up your implements for the wax procedure.



*see next page for supply requirements



WAX PROCEDURE

Perform a skin analysis, then demonstrate an eyebrow wax using simulated soft wax on one brow of the mannequin. Next, perform a waxing on the upper lip using simulated hard wax. After completing the wax, properly clean and disinfect your workstation by following all required infection control procedures after the completion of a service. Complete this segment in 10 minutes.



ASTRINGENT



WAX
REMOVER



AFTER
CARE



HAND
SANITIZER



SOFT WAX



HARD WAX



FACIAL & MAKE-UP APPLICATION PROCEDURE

Perform a complete facial service on your mannequin that includes a skin analysis, cleansing, manual exfoliation, a facial massage incorporating at least two different massage techniques, application of a mask using a brush, use of a warm towel, toner application, and tinted moisturizer. After completing the facial, apply mascara and a colored lip product to your mannequin. Then, properly clean and disinfect your workstation by following all required infection control procedures after the completion of a service. Complete this segment in 25 minutes.



BLOOD EXPOSURE PROCEDURE

You have sustained a minor cut on the back of your hand. Please identify where the cut is on your hand before you begin. Demonstrate proper infection prevention procedures for blood exposure. Immediately stop the service, retrieve your first aid kit, and remove necessary items without contaminating clean supplies. Put on a clean glove on your non-injured hand. Apply pressure to control bleeding, then clean and properly cover the wound. Dispose of all contaminated materials into a labeled biohazard bag, change gloves as needed, and clean and disinfect your workstation while maintaining proper infection control practices throughout the procedure.

