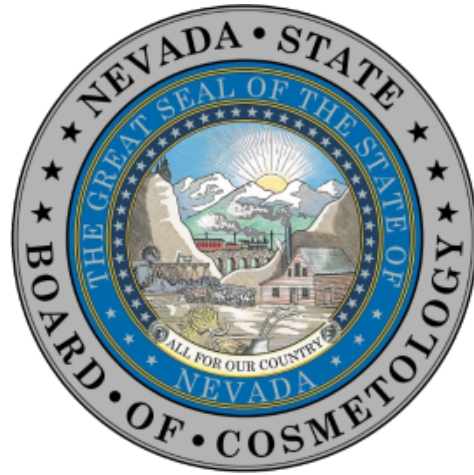




NEVADA STATE BOARD OF COSMETOLOGY

NAIL TECHNOLOGY PRACTICAL EXAM

WEBSITE: NVCOSMO.COM/TESTING-INFORMATION

EMAIL: TESTING@NVCOSMO.COM

PHONE: 702-508-0015

PRACTICAL EXAM RULES

- Students are responsible for bringing all required supplies to complete the exam. Incomplete kits will result in a failed segment.
- Students must sanitize their hands before accessing their kit and before starting all exam segments.
- The kit is considered a clean, dry, closed container for disinfected implements only. Items may not be returned to the kit once removed.
- Each segment is timed and graded separately. Do not begin any service until instructed. Once a segment is completed or time has expired, the examiner will move to the next segment. Step back to indicate completion.
- The kit must remain closed during the duration of the exam.
- You will be given 2 minutes before each segment to set up.
- If an item is dropped, follow proper sanitation procedures. Stop the service immediately and do not use the dropped item. Place the item in its appropriate receptacle. Sanitize your hands, then retrieve a clean, disinfected replacement from your kit before continuing the service while maintaining proper infection control practices. You are permitted to bring “extra” items incase an implement is dropped.
- At the end of each segment you must properly clean and disinfect your station. All used items must be placed in the appropriate receptacles to demonstrate proper disposal of single-use items, soiled implements requiring disinfection, and soiled linens requiring laundering.
- Cheating is strictly prohibited and will result in an automatic failure.
- Talking is strictly prohibited and will result in an automatic failure.

PRACTICAL EXAM SUPPLIES

SUPPLY LIST: *SEE EACH SEGMENT TO DETERMINE QUANTITIES*

- ☐ Hand Sanitizer
- ☐ A clear plastic container (Approximately 16" x 16" x 16")
- ☐ Gallon-size plastic bags labeled for each segment
- ☐ 1 sandwich-sized plastic bag labeled "biohazard waste"
- ☐ 3 paper bags labeled "Trash", "Soiled Linen", & "Items to be disinfected"
- ☐ EPA-registered disinfectant wipes
- ☐ Antiseptic/ Alcohol wipes
- ☐ Gloves
- ☐ Bandage
- ☐ Mannequin Hand (must have "natural nails" already attached)
- ☐ Nail soaking bowl
- ☐ Nail files
- ☐ Acetone
- ☐ Cuticle pusher/orange stick
- ☐ Mock Cuticle remover
- ☐ Cuticle nipper
- ☐ Mock Massage product
- ☐ Mock warm towel inside of a labeled plastic bag
- ☐ Nail Clipper
- ☐ Nail forms
- ☐ Isopropyl alcohol (optional)
- ☐ Nail dehydrator or primer
- ☐ 3 Dappen Dishes
- ☐ Pink acrylic powder
- ☐ White acrylic powder
- ☐ Nail Glue
- ☐ Nail Tip
- ☐ Hard builder gel or polygel
- ☐ Acrylic brushes
- ☐ Lint free cotton rounds or nail wipes
- ☐ 3 Gel nail polishes (Base, Top Coat and Color)
- ☐ Paper towels
- ☐ Odorless Monomer ***

THE FOLLOWING ITEM WILL BE PROVIDED BY THE EXAM PROCTOR:

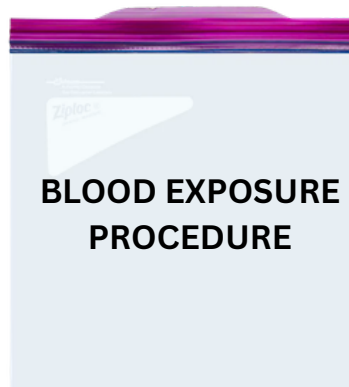
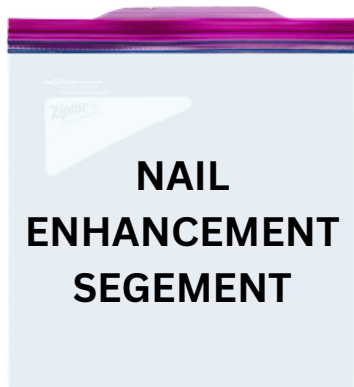
(YOU DO NOT NEED IT IN YOUR KIT)

- LED nail lamp
- Odorless Monomer will be provided for you if you are testing at the Board office***

PRACTICAL EXAM SUPPLIES

All supplies used throughout your exam must fit into a clear plastic container (Approximately 16" x 16" x 16").

You will need gallon-sized plastic bags to put your supplies in, for each segment. You will need to label each bag with the segment and service name in English. Every item in your kit must also be labeled in English.



BASIC SET-UP

You have 10 minutes to prepare your workstation and set up the basic supplies used throughout your exam. During this time, you will set up your implements for the gel manicure.



*see next page for supply requirements



*Mannequin hand must have natural nails attached (free edge)



THE NAIL LAMP WILL BE PROVIDED BY THE EXAM PROCTOR. YOU DO NOT NEED IT IN YOUR KIT.



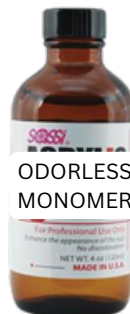
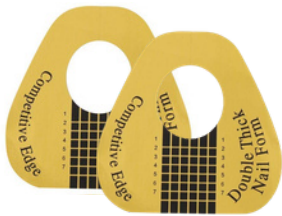
GEL MANICURE

Perform an analysis of the nails and surrounding skin. Demonstrate a full manicure on your mannequin hand. This includes cutting and shaping the nails, a hand massage using at least 2 manipulations, cuticle care, and warm towel application. Finish the service by applying gel polish to the index finger. After finishing the manicure, clean and disinfect your workstation by following all infection control practices required after a service. Complete this segment in 20 minutes



NAIL ENHANCEMENTS

Perform an analysis of the nails and surrounding skin. Demonstrate the proper procedure for the following services: 1 sculptured nail using two colors of acrylic product on the ring finger and 1 tip application with a hard gel overlay on the middle finger. After finishing the segment, clean and disinfect your workstation by following all infection control practices required after a service. Complete this segment in 30 minutes.



BLOOD EXPOSURE PROCEDURE

You have sustained a minor cut on the back of your hand. Please identify where the cut is on your hand before you begin. Demonstrate proper infection prevention procedures for blood exposure. Immediately stop the service, retrieve your first aid kit, and remove necessary items without contaminating clean supplies. Put on a clean glove on your non-injured hand. Apply pressure to control bleeding, then clean and properly cover the wound. Dispose of all contaminated materials into a labeled biohazard bag, change gloves as needed, and clean and disinfect your workstation while maintaining proper infection control practices throughout the procedure.

